THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE BILL

No. 2100 Session of 2025

INTRODUCED BY BIZZARRO, O'MARA, FREEMAN, RIVERA, VENKAT AND HANBIDGE, DECEMBER 12, 2025

REFERRED TO COMMITTEE ON PROFESSIONAL LICENSURE, DECEMBER 12, 2025

AN ACT

- 1 Providing for the use of mental health chatbots and artificial
- intelligence by mental health therapists; imposing duties on
- the Bureau of Professional and Occupational Affairs; and
- 4 imposing a penalty.
- 5 The General Assembly of the Commonwealth of Pennsylvania
- 6 hereby enacts as follows:
- 7 Section 1. Short title.
- 8 This act shall be known and may be cited as the Protecting
- 9 Patients Act.
- 10 Section 2. Definitions.
- 11 The following words and phrases when used in this act shall
- 12 have the meanings given to them in this section unless the
- 13 context clearly indicates otherwise:
- 14 "Administrative support." Tasks performed to assist a
- 15 mental health therapist in the delivery of therapy or
- 16 psychotherapy services that do not involve confidential
- 17 communications. The term includes:
- 18 (1) Managing appointment scheduling and reminders.

- 1 (2) Processing billing and insurance claims.
- 2 "Artificial intelligence." A machine-based system that makes
- 3 predictions, recommendations or decisions influencing real or
- 4 virtual environments.
- 5 "Artificial intelligence technology." A computer system,
- 6 application or other product that uses or incorporates one or
- 7 more forms of artificial intelligence.
- 8 "Confidential communications." Information obtained by an
- 9 individual licensed under the act of March 23, 1972 (P.L.136,
- 10 No.52), known as the Professional Psychologists Practice Act,
- 11 including information obtained by the individual's examination
- 12 of the client or patient, which is:
- 13 (1) the following:
- 14 (i) transmitted between the client or patient and an
- individual in the course of their professional
- 16 relationship; or
- 17 (ii) transmitted among the client or patient, an
- 18 individual and individuals who are participating in the
- diagnosis or treatment under the direction of an
- individual, including members of the client's or
- 21 patient's family; and
- 22 (2) made in confidence, for the diagnosis or treatment
- of the client or patient by the individual and by a means not
- 24 intended to be disclosed to third persons other than those
- 25 individuals:
- 26 (i) present to further the interest of the client or
- 27 patient in the consultation, examination or interview;
- 28 (ii) reasonably necessary for the transmission of
- the communications; or
- 30 (iii) participating in the diagnosis and treatment

- of the client or patient under the direction of the
- 2 mental health therapist.
- 3 "Generative artificial intelligence." An artificial
- 4 intelligence technology that:
- 5 (1) is trained on data;
- 6 (2) is designed to simulate human conversation with a
- 7 consumer through one or more of the following:
- 8 (i) text;
- 9 (ii) audio; or
- 10 (iii) visual communication; and
- 11 (3) generates nonscripted outputs similar to outputs
- 12 created by a human with limited or no human oversight.
- "Health care provider." As defined in 45 CFR 160.103
- 14 (relating to definitions).
- "Health plan." As defined in 45 CFR 160.103.
- "Individually identifiable health information." Information,
- 17 whether oral or recorded in any form or medium, that relates to
- 18 the physical or mental health or condition of an individual.
- 19 "Mental health chatbot."
- 20 (1) An artificial intelligence technology that:
- 21 (i) uses generative artificial intelligence to
- 22 engage in interactive conversations with a user similar
- 23 to the confidential communications that an individual
- 24 would have with a mental health therapist; and
- 25 (ii) a supplier represents, or a reasonable person
- 26 would believe, can or will provide mental health therapy
- or help a user manage or treat mental health conditions.
- 28 (2) The term does not include artificial intelligence
- 29 technology that only:
- 30 (i) provides scripted output, such as quided

- 1 meditations or mindfulness exercises; or
- 2 (ii) analyzes an individual's input for the purpose
- 3 of connecting the individual with a mental health
- 4 therapist.
- 5 "Mental health therapist." An individual who is engaging in
- 6 the practice of psychology as defined in the Professional
- 7 Psychologists Practice Act.
- 8 "Pennsylvania user." An individual located in this
- 9 Commonwealth at the time the individual accesses or uses a
- 10 mental health chatbot.
- "Supplier." A seller, lessor, assignor, offeror, broker or
- 12 other person that regularly solicits, engages in or enforces
- 13 consumer transactions, whether or not the person deals directly
- 14 with consumers.
- 15 "Therapy." The treatment of mental conditions by verbal or
- 16 written communication and interaction.
- "User input." Content provided to a mental health chatbot by
- 18 a Pennsylvania user.
- 19 Section 3. Protection of personal information.
- 20 (a) Prohibition. -- A supplier of a mental health chatbot may
- 21 not sell to or share with a third party:
- 22 (1) individually identifiable health information of a
- 23 Pennsylvania user; or
- 24 (2) user input of a Pennsylvania user.
- 25 (b) Applicability. -- Subsection (a) does not apply to
- 26 individually identifiable health information:
- 27 (1) requested by a health care provider with the consent
- of the Pennsylvania user;
- 29 (2) provided to a health plan of a Pennsylvania user
- 30 upon request of the Pennsylvania user; or

- 1 (3) shared in compliance with subsection (c).
- 2 (c) Exception. -- A supplier of a mental health chatbot may
- 3 share individually identifiable health information necessary to
- 4 ensure the effective functionality of the mental health chatbot
- 5 with another party with which the supplier has a contract
- 6 related to that functionality. When sharing information under
- 7 this subsection, the supplier and the other entity shall comply
- 8 with all applicable privacy and security provisions of 45 CFR
- 9 Pts. 160 (relating to general administrative requirements) and
- 10 164 Subpts. A (relating to general provisions) and E (relating
- 11 to privacy of individually identifiable health information), as
- 12 if the supplier were a covered entity and the other entity were
- 13 a business associate, as those terms are defined in 45 CFR
- 14 160.103 (relating to definitions).
- 15 Section 4. Advertising.
- 16 (a) Prohibitions.--
- 17 (1) A supplier of a mental health chatbot may not use a
- mental health chatbot to advertise a specific product or
- 19 service to a Pennsylvania user in a conversation between the
- 20 Pennsylvania user and the mental health chatbot unless the
- 21 mental health chatbot:
- (i) Clearly and conspicuously identifies the
- 23 advertisement as an advertisement.
- 24 (ii) Clearly and conspicuously discloses to the
- Pennsylvania user any:
- 26 (A) sponsorship;
- 27 (B) business affiliation; or
- 28 (C) agreement that the supplier has with a third
- 29 party to promote, advertise or recommend the product
- or service.

- 1 (2) A supplier of a mental health chatbot may not use a
- Pennsylvania user's input to:
- 3 (i) determine whether to display an advertisement
- for a product or service to the Pennsylvania user, unless
- 5 the advertisement is for the mental health chatbot
- 6 itself;
- 7 (ii) determine a product, service or category of
- 8 product or service, to advertise to the Pennsylvania
- 9 user; or
- 10 (iii) customize how an advertisement is presented to
- 11 the Pennsylvania user.
- 12 (b) Construction. -- This section does not prohibit a mental
- 13 health chatbot from recommending that a Pennsylvania user seek
- 14 counseling, therapy or other assistance from a mental health
- 15 therapist, including a specific mental health therapist.
- 16 Section 5. Disclosures.
- 17 (a) Artificial intelligence. -- A supplier of a mental health
- 18 chatbot shall cause a mental health chatbot to clearly and
- 19 conspicuously disclose to a Pennsylvania user that the mental
- 20 health chatbot is an artificial intelligence technology and not
- 21 a human.
- 22 (b) Process.--The disclosure under subsection (a) shall be
- 23 made:
- 24 (1) Before the Pennsylvania user may access the features
- of the mental health chatbot.
- 26 (2) At the beginning of any interaction with the
- 27 Pennsylvania user if the Pennsylvania user has not accessed
- the mental health chatbot within the previous seven days.
- 29 (3) Any time a Pennsylvania user asks or otherwise
- 30 prompts the mental health chatbot about whether artificial

- 1 intelligence is being used.
- 2 Section 6. Prohibition on unauthorized therapy services.
- 3 (a) Requirements. -- An individual, corporation, supplier or
- 4 entity may not provide, advertise or otherwise offer therapy
- 5 services, including through the use of Internet-based artificial
- 6 intelligence, to the public in this Commonwealth unless the
- 7 therapy or psychotherapy services are conducted by an individual
- 8 who is a mental health therapist.
- 9 (b) Use of artificial intelligence. -- A mental health
- 10 therapist may only use artificial intelligence for
- 11 administrative support. A mental health therapist may not allow
- 12 artificial intelligence to do any of the following:
- 13 (1) make independent therapeutic decisions;
- 14 (2) directly interact with clients in any form of
- 15 therapeutic communication;
- 16 (3) generate therapeutic recommendations or treatment
- 17 plans without review and approval by the mental health
- 18 therapist; or
- 19 (4) detect emotions or mental states.
- 20 Section 7. Disclosure of records and communications.
- 21 All records kept by a mental health therapist and all
- 22 communications between a patient and a mental health therapist
- 23 shall be confidential and shall not be disclosed except as
- 24 required under the act of July 9, 1976 (P.L.817, No.143), known
- 25 as the Mental Health Procedures Act.
- 26 Section 8. Enforcement and penalties.
- 27 A violation of this act shall be subject to section 11 of the
- 28 act of March 23, 1972 (P.L.136, No.52), known as the
- 29 Professional Psychologists Practice Act.
- 30 Section 9. Applicability.

- 1 This act shall apply to the extent to which the use of
- 2 artificial intelligence is not preempted by Federal law.
- 3 Section 10. Effective date.
- 4 This act shall take effect in 60 days.